

WHY IT'S HER FAVORITE: "This salad is so refreshing! It's light, but it's also filling because they top it with lots of perfectly seared tuna. I love the cilantro vinaigrette dressing on the side, and the wasabi has just the right kick to it. This dish never disappoints."

ABOUT DONNA: The co-founder of Best Foot Forward continues to make a difference in the

lives of foster youth through her Boca-based nonprofit that provides an array of much-needed academic support programs. This past April, Impact 100 awarded one of its four \$100,000 grants to Best Foot Forward for its "Grounded for Life" program. For more information, visit bestfoot.org.

ABOUT THE RESTAURANT: J. Alexander's, 1400 Glades Road, Boca Raton, 561/347-9875; jalexandersholdings.com